

## Markham Forklift Training Programs

Markham Forklift Training Programs - If you are looking for work as an operator of a forklift, our regulatory-compliant forklift training programs provide excellent instruction in numerous types and styles of forklifts, lessons on pre-shift inspection, fuel kinds and dealing with fuels, and safe utilization of a lift truck. Hands-on, practical training helps participants in obtaining essential operational skills. Program content covers existing rules governing the use of forklifts. Our proven forklift courses are meant to provide training on these kinds of trucks: counterbalanced forklift, powered pallet trucks and narrow aisle forklift.

### How to Handle Loads Safely

Do not raise or lower the fork when the lift truck is moving. A load must not extend higher than the backrest because of the danger of the load sliding back in the direction of the operator. Check for overhead obstructions and make certain there is plenty of clearance before lifting a load. Stay away from overhead power lines. Once the load is raised straight up, tilt it slightly back.

The lift truck is less stable when a load is in a raised position. Make sure that no body ever walks below the elevated fork. The operator must never leave the lift truck while the load is raised.

The forks should be level when handling pallets, and high enough to extend all the way into and under the load. The width of the forks should provide equal weight distribution.

Chock the wheels and set the brakes before loading and unloading the truck. The floors must be strong enough to support the combined weight of the load and the forklift. Fixed jacks could be installed in order to support a semi-trailer which is not attached to a tractor. The height of the entrance door must clear the forklift height by at least 5 cm. Mark edges of docks, rail cars or ramps and avoid them.

Do not stay in a lift truck for long periods without proper ventilation. The interior of the truck must be properly lighted and free of obstructions, trash and loose objects. Inspect for holes in the floor. The installation of material which are non-slip on the floor would help prevent slipping. Clear any obstructions from dockplates and docks and make certain surfaces are not oily or wet.

Forklifts should not be used to tow or push other forklifts.